2014 Class Schedule

Senior Classes

55 yrs. & Up

Senior Citizen Center

Mon. & Tues.

- Painting

9:00 a.m. to 1:00 p.m.
FREE

- Crafts with Mary

1:00 p.m. to 2:00 p.m.
FREE

Wednesday

- Senior Fitness

8:00 a.m. to 1:00 p.m.
FREE

Monday

- Line Dancing

9:30 a.m. to 11:00 a.m.
$4.00

Tues. & Thurs.

- Tai Chi

9:00 a.m. to 11:00 a.m.
FREE

* Hensel Youth Center

Senior Class Information Line

(323) 887-1200 x575

July Classes

JULY 7TH - AUGUST 1ST

August Classes

AUGUST 4TH - AUGUST 29TH

September Classes

SEPTEMBER 1ST - SEPTEMBER 26TH

* NO CLASS SEPTEMBER 1ST

Registration is Now in Progress

Department of Parks & Recreation
1700 West Victoria Ave.
(323) 887-1200 x540
Monday - Thursday
7:30 a.m. - 5:30 p.m.

CITY OF MONTEBELLO
Department of Parks and Recreation

Online Registration Available

www.cityofmontebello.com

Classes and schedule may be subject to change.

Aquatic Classes

George Hensel Aquatic Center
1300 W. Olympic Blvd.

Session I:
July 7th - August 1st

Session II:
August 4th - August 29th

Aqua– Aerobics
Mon./Wed./Fri.
6:00 p.m. to 7:00 p.m.
16yrs. & Up. $35.00

Aqua-Zumba
Tues./Thurs.
5:30 p.m. - 6:30 p.m.
16yrs. & Up $25.00

Jr. Lifeguard Program
Mon./Tues./Wed.
8:00 a.m. - 10:00 p.m.
10yrs. - 15yrs. $58.00

Insterested in Sharing Your Talents?

If your are interested in teaching a class with the City of Montebello, we would be happy to provide you with additional information.

Martial Arts Classes

Senior Citizen Center (upstairs)
115 S. Taylor Ave.

$35.00 4 weeks

Little Samurai Karate
Tues./Thurs.
6:00p.m. to 6:55p.m.
4yrs - 7yrs.

Inter./Adv. Karate
Tues./Thurs.
8:00 p.m. to 9:00 p.m.
7yrs. & Up.

Taekwondo
Mon./Wed.
7:00 p.m. to 8:00 p.m.
8yrs. & Up.

Beg. Karate
Tues./Thurs.
7:00 p.m. to 7:55 p.m.
5yrs. & Up.

Intermediate class is designed for students that have the following belts: Green - Brown - Black

Must be registered by the first week of class.

Fitness Classes

Senior Citizen Center (South Wing)
115 S. Taylor Ave.

Zumba Fitness
Mon./Wed./Fri.
6:00 p.m. to 6:55 p.m.
16yrs. & Up. $35.00

Zumba Fitness
Tues./Thurs.
7:00 p.m. to 7:55 p.m.
16yrs. & Up. $25.00

Yoga (All levels)
Mon./Wed.
7:00 p.m. to 8:00 p.m.
16yrs. & Up $35.00

Zumba Fitness
Mon./Wed.
7:00 p.m. to 7:55 p.m.
16yrs. & Up. $25.00

Senior Center (downstairs)

Dance Classes

Senior Citizen Center (South Wing)
115 S. Taylor Ave.

Ballet Basics
Tues./Thurs.
5:00 p.m. to 5:55 p.m.
4-6 yrs. $30.00

Ballet Basics 11
Tues./Thurs.
6:00 p.m. to 6:55 p.m.
7-12yrs. $30.00

Beg. & Inter. Salsa
Merengue, Bachata, Cha Cha
Tues./Thurs.
8:15 p.m. to 9:45 p.m.
16yrs. & Up. $40.00

**New & Existing Participants:

A late fee of $3.00 will be charged after the 1st class begins.
After the session begins with the first class. NO refunds will be given.